

Open Days:

10:00 Open 10:30 Gathering Circle

11-12:00 am Morning Programs

Hours: 10-1pm Tues, Wed, Thurs

BYO Lunch

The Center for Wisdom's Women

97 Blake St. (between Pine and Ash)

207-513-3922

www.wisdomswomen.org

November 2021

	Mon closed	Tues close at 1:00	Wed close at 1:00	Thurs close at 1:00	Fri closed
<i>DAILY</i> BYO Lunch T, W, Th 12:00	1	2 Inner Spirit with Klara	3 Art with Anna	4 Games	5
11 am	8	9 Spa Day Giveaway	10 Art Van!	 11 CLOSED Veteran's Day	12
11 am	15	16 Inner Spirit with Klara	17 Art with Anna	18 Clothing Give-Away 11-1pm	19
11 am	22	23 Wild Card Art	24 November Birthday Celebration	 25 CLOSED Thanksgiving	26
11 am	29	30 BINGO	Masks are currently required at The Center.		

Welcome November!*"Never accept the world as it appears to be. Dare to see it for what it could be."**~ Harold Winston*

HIGHLIGHTS

INNER SPIRIT with Klara! Tuesdays: November 2nd & 16th. Come explore your inner spirit and let your heart speak. We will read a poem or song lyric for inspiration, and respond to it, in creative ways, by writing or drawing. There will be time to share if you wish.

ART with Anna! Wednesdays: November 3rd & 17th. Join us with Anna as we have fun exploring new art techniques, no experience necessary ~ always fun and beautiful art.

SPA DAY Giveaway! Tuesday, November 9th. Come on in to a fun game of trivia, easy questions and win fancy soups, makeup and perfumes.

ART VAN is Back! Yeah! Art Van will be here Wednesday November 10th, starts at 11 am. Come on for fun art session, always something new and different.

SOPHIA'S CIRCLE!

Sophia's Circle is our core team of volunteers who each staff the front desk daily and are responsible for hospitality at the Center. They also help with daily housekeeping. Hospitality is really important at the Center and how our space looks says a lot! It is so nice to have a friendly welcome, and it feels good to be in a beautiful, clean space. We meet monthly to reflect on the work, share ideas, come up with guidelines for Sophia Circle, and provide some training. We also go on field trips together during the year. If you want to commit to being part of this team, and participate in the meetings, speak with Sonia at 207-513-3922.

FOOD RESOURCE GUIDE:

- **LEWISTON Calvary United Methodist Church** 59 Sabattus St. 207-782-3221 Sundays 8-9am: To-go meal.
- **Hope Haven Gospel Mission** 209 Lincoln St. 207-783-6086 Food Pantry and Clothing Closet: Mon, Wed, Fri: 10:00 - 11:45am and 12:30-3:00 pm Breakfast for residents: 7:00-8:00am daily Breakfast for community members: 7:30-8:00am daily Dinner: Monday-Saturday 4:30-5:30 pm, Sunday 2:30-3:30 pm
- **Kaydenz Kitchen** 155 Lisbon St. 207-577-7942 Monday, Tuesday, Thursday, Friday from 10am-12:30pm and 1:30-4pm Will be closed 1st week in August Walk in or Online signup: kaydenzkitchenbooking.as.me/schedule.php Emergency assistance upon request.
- **New Beginnings Outreach Program** (Youth 14-21 only) 134 College St. 207-795-6831 Basic Needs/Case Management: Mon-Fri 1-6pm Mobile Food Pantry: Call to sign up for delivery on Fridays 10-12pm
- **Pathway Vineyard Church** 9 Foss Rd. 207-784-9500 Pantry: Fri 10:30-12:20pm Meals currently unavailable.
- **The Root Cellar** 89 Birch St. 207-782-3659 Emergency Food Pantry: Mon, Wed, Fri 10am - 12pm Lewiston residents, 1 visit/month. Lewiston School lunch site.
- **St. Mary's Food Pantry** 208 Bates St. 207-513-3841 Tues. & Fri.: 11am - 2pm Outdoor market-style pantry.
- **Salvation Army 67 Park St.** 207-783-0801 Food Pantry: Mon, Tue, Thurs, Fri. 9am-1:45pm Meals: Sat 4-5:00pm Mobile meals in Kennedy Park: Temporarily Unavailable
- **Seniors Plus MOW** - Lewiston 55-Alfred Plourde Parkway 207-795-4010 www.seniorsplus.org Delivery Mon-Thurs 9:00am -2pm. Norway Progress Center meals: Tuesdays: 3:30-5pm, to-go Thursdays 12:00-1:30, to-go. Lewiston Meadowview meals: Call ahead 1-800-427-1241 Tues. 9-10:30am, frozen to-go
- **Trinity Jubilee Center** 247 Bates St. 207-782-5700 trinityjubileecenter.org/food-pantry Food Pantry and Diaper Dispersal: Thursday: 7:45-10:30am outside. *Please see website regarding diapers before your visit. Outdoor Meals: Mon-Sat 11-11:30 Children's (1-18) Grocery Boxes: By appointment Mon-Wed. Email kitchentjc@gmail.com or walk in to sign up.