

Open Days:

Open 10:00 Gathering Circle 10:30
11-12:00 am Morning Programs
Hours: 10-1 pm Tues, Wed, Thurs.

The Center for Wisdom’s Women

97 Blake St. (between Pine and Ash)
207-513-3922
www.wisdomswomen.org



MARCH 2022

	Mon closed	Tue close at 1:00	Wed close at 1:00	Thu close at 1:00	Fri closed
<i>DAILY</i> 11 am		1 Inner Spirit with Klara	2 Zentangles	3 Saying NO	4
11 am	7	8 Writing Workshop	9 Anna’s Art Class	10 Visionary Art Cards Sophia’s Circle 1pm	11
11 am	14	15 Inner Spirit with Klara	16 Drumming at Sophia’s House	17 St Patrick’s Tree Art	18
11 am	21	22 Spring Equinox Writing	23 Coloring & CWW Book Club	24 Scarves and how to tie them	25
11 am	28	29 BINGO	30 Anna’s Art Class & March Birthday Celebration	31 Clothing Give Away	

MASKS ARE REQUIRED AT THE CENTER.

HIGHLIGHTS

ANNA'S ART!! Wednesday March 9th & March 30th. A fun hour of creative art focusing on St Patty's Day on the 9th, and something fun on the 30th. All projects aim to inspire creativity with a variety of materials.

VISIONARY ART CARDS!: Thursday March 10th. Create positive affirmations through spontaneous art making.

INNER SPIRIT with Klara! Tuesdays: March 15th. Come explore your inner spirit and let your heart speak. We will read a poem or song lyric for inspiration, and respond to it, in creative ways, by writing or drawing. There will be time to share if you wish.

DRUMMING!: Wednesday March 16th. Have fun playing drums with an easy guided group session. This will be held at Sophia's House chapel ~ great acoustics.

ST PATRICKS DAY TREE! Thursday: March 17th. Join us & decorate our winter tree with an Irish theme. Have fun exploring your creativity.

VOLUNTEER!

Sophia's Circle is our core team of volunteers who each staff the front desk daily and are responsible for hospitality at the Center. They also help with daily housekeeping. Hospitality is really important at the Center and how our space looks says a lot! It is so nice to have a friendly welcome, and it feels good to be in a beautiful, clean space. We meet monthly to reflect on the work, share ideas, come up with guidelines for Sophia Circle, and provide some training. We also go on field trips together during the year. If you want to commit to being part of this team, and participate in the meetings, speak with Sonia at 207-513-3922.

FOOD RESOURCE GUIDE:

- **LEWISTON Calvary United Methodist Church** 59 Sabattus St. 207-782-3221 Sundays 8-9am: To-go meal.
- **Hope Haven Gospel Mission** 209 Lincoln St. 207-783-6086 Food Pantry and Clothing Closet: Mon, Wed, Fri: 10:00 - 11:45am and 12:30-3:00 pm Breakfast for residents: 7:00-8:00am daily Breakfast for community members: 7:30-8:00am daily Dinner: Monday-Saturday 4:30-5:30 pm, Sunday 2:30-3:30 pm
- **Kaydenz Kitchen** 155 Lisbon St. 207-577-7942 Monday, Tuesday, Thursday, Friday from 10am-12:30pm and 1:30-4pm Walk in or Online signup: kaydenzkitchenbooking.as.me/schedule.php Emergency assistance upon request.
- **New Beginnings Outreach Program** (Youth 14-21 only) 134 College St. 207-795-6831 Basic Needs/Case Management: Mon-Fri 1-6pm Mobile Food Pantry: Call to sign up for delivery on Fridays 10-12pm
- **Pathway Vineyard Church** 9 Foss Rd. 207-784-9500 Community Meal & Pantry: Fri 10:30-12:20pm
- **The Root Cellar** 89 Birch St. 207-782-3659 Emergency Food Pantry: Mon, Wed, Fri 10am - 12pm Lewiston residents, 1 visit/month.
- **St. Mary's Food Pantry** 208 Bates St. 207-513-3841 Tues. & Fri.: 11am - 2pm Outdoor market-style pantry.
- **Salvation Army 67 Park St.** 207-783-0801 Food Pantry: Mon, Tue, Thurs, Fri. 9am-1:45pm Meals: Sat 4-5:00pm Mobile meals in Kennedy Park: Temporarily Unavailable
- **Seniors Plus MOW** - Lewiston 55-Alfred Plourde Parkway 207-795-4010 www.seniorsplus.org Delivery Mon-Thurs 9:00am -2pm. Norway Progress Center meals: Tuesdays: 3:30-5pm, to-go Thursdays 12:00-1:30, to-go. Lewiston Meadowview meals: Call ahead 1-800-427-1241 Tues. 9-10:30am, frozen to-go
- **Trinity Jubilee Center** 247 Bates St. 207-782-5700 trinityjubileecenter.org/food-pantry Food Pantry and Diaper Dispersal: Thursday: 7:45-10:30am outside. *Please see website regarding diapers before your visit. Outdoor Meals: Mon-Sat 11-11:30
- **Auburn 7th Day Adventist Church Pantry** 316 Minot Ave. 207-782-3663 or auburnsdafoodpantry@gmail.com Every Tuesday 9:00-11:30 (pantry staples) Full boxes (includes produce) offered once each month on Tuesday 11:45am-12:30pm. Will deliver if no transportation available.