

Open Days:

Open 10:00 Gathering Circle 10:30
11-12:00 am Morning Programs
Hours: 10-1 pm Tues, Wed, Thurs.

The Center for Wisdom’s Women

97 Blake St. (between Pine and Ash)
207-513-3922
www.wisdomswomen.org



MAY 2022

	Mon closed	Tue close at 1:00	Wed close at 1:00	Thu close at 1:00	Fri closed
<i>DAILY</i> 11 am	2	3 Silk Road Stories, with Maya	4 Art with Mey	5 Honoring women in our lives	6
11 am	9	10 Women’s Health, conversations and questions	11 Anna’s Art	12 Bates Singing Concert	13
11 am	16	17 Writing Workshop	18 Teacup Planters, and other containers	19 Drumming Circle	20
11 am	23	24 Poetry Writing, Haiku	25 Anna’s Art Class & May Birthday Celebration	26 Clothing Give Away	27
11 am	30	31 BINGO			27

HIGHLIGHTS

ART WITH MEY!: Wednesday May 4th. Creative and fun project with book art, a form of visual journaling. Mey Hasbrook dedicates her time creating with community & serving through the arts.

MERMANDERS! Thursday May 12th. Bates College a cappella female singing group will perform at Sophia's House. Meet at the Center at 10:45 and we can walk up to the house.

PLANTING SPRING FLOWERS! Wednesday: May 18th. Plant some flowers in in teacups and other containers for your windowsill or to give as a gift.

ANNA'S ART!! Wednesday May 11th & May 25th. A fun hour of creative art focusing on Spring art. All projects aim to inspire creativity with a variety of materials.

VOLUNTEER!

Sophia's Circle is our core team of volunteers who each staff the front desk daily and are responsible for hospitality at the Center. They also help with daily housekeeping. Hospitality is really important at the Center and how our space looks says a lot! It is so nice to have a friendly welcome, and it feels good to be in a beautiful, clean space. We meet monthly to reflect on the work, share ideas, come up with guidelines for Sophia Circle, and provide some training. We also go on field trips together during the year. If you want to commit to being part of this team, and participate in the meetings, speak with Sonia at 207-513-3922.

FOOD RESOURCE GUIDE:

- **LEWISTON Calvary United Methodist Church** 59 Sabattus St. 207-782-3221 Wednesday Dinners 5-5:45 pm. Sundays 8-9am: To-go meals.
- **Hope Haven Gospel Mission** 209 Lincoln St. 207-783-6086 Food Pantry and Clothing Closet: Mon, Wed, Fri: 10:00 - 11:45am and 12:30-3:00 pm Breakfast for residents: 7:00-8:00am daily Breakfast for community members: 7:30-8:00am daily Dinner: Monday-Saturday 4:30-5:30 pm, Sunday 2:30-3:30 pm
- **Kaydenz Kitchen** 155 Lisbon St. 207-577-7942 Monday, Tuesday, Thursday, Friday from 10am-12:30pm and 1:30-4pm Walk in or Online signup: kaydenzkitchenbooking.as.me/schedule.php Emergency assistance upon request.
- **New Beginnings Outreach Program** (Youth 14-21 only) 134 College St. 207-795-6831 Basic Needs/Case Management: Mon-Fri 1-6pm Mobile Food Pantry: Call to sign up for delivery on Fridays 10-12pm
- **Pathway Vineyard Church** 9 Foss Rd. 207-784-9500 Community Meal & Pantry: Fri 10:30-12:20pm
- **The Root Cellar** 89 Birch St. 207-782-3659 Emergency Food Pantry: Mon, Wed, Fri 10am - 12pm Lewiston residents, 1 visit/month.
- **St. Mary's Food Pantry** 208 Bates St. 207-513-3841 Tues. & Fri.: 11am - 2pm Outdoor market-style pantry.
- **Salvation Army 67 Park St.** 207-783-0801 Food Pantry: Mon, Tue, Thurs, Fri. 9am-1:45pm Meals: Sat 4-5:00pm Mobile meals in Kennedy Park: Temporarily Unavailable
- **Seniors Plus MOW** - Lewiston 55-Alfred Plourde Parkway 207-795-4010 www.seniorsplus.org Delivery Mon-Thurs 9:00am -2pm. Norway Progress Center meals: Tuesdays: 3:30-5pm, to-go Thursdays 12:00-1:30, to-go. Lewiston Meadowview meals: Call ahead 1-800-427-1241 Tues. 9-10:30am, frozen to-go
- **Trinity Jubilee Center** 247 Bates St. 207-782-5700 trinityjubileecenter.org/food-pantry Food Pantry and Diaper Dispersal: Thursday: 7:45-10:30am outside. *Please see website regarding diapers before your visit. Outdoor Meals: Mon-Sat 11-11:30
- **Auburn 7th Day Adventist Church Pantry 316 Minot Ave.** 207-782-3663 or auburnsdafoodpantry@gmail.com Every Tuesday 9:00-11:30 (pantry staples) Full boxes (includes produce) offered once each month on Tuesday 11:45am-12:30pm. Will deliver if no transportation available.