Open Days: Open 9:00 Gathering Circle 9:30 10-12:00 am Morning Programs Hours: 9-1 pm Tues, Wed, Thurs. **BYO Lunch**

The Center for Wisdom's Women

97 Blake St. (between Pine and Ash) 207-513-3922 www.wisdomswomen.org



February 2025

	Mon closed	Tue	Wed close at 1:00	Thu close at 1:00	Fri closed
DAILY BYO Lunch T/W/Th 12:00		All women and people identifying as women are welcome at The Center.			
10 am	3	Coloring, word games	5 Collages	6 Anna's Art!	7
10 am	10	Learn the basics of signing w/Shay	12 Processed Sugar Alternatives	Galentine's Day! Light lunch served	14
10 am	17	18 Ukulele w/Amy Curtis	19 Spa day Give away	20 Anna's Art	21
10 am	24	25 BINGO	Art Van February Birthday Celebration	Clothing Give Away, 10-1pm BYO Bag	28

HIGHLIGHTS

<u>GALENTINE'S DAY!</u> Thursday: February 13th. Join us for fun, gifts, games and light lunch as we celbrate Vaentine's Day with our 'gal' friends

UKULELE WITH AMY CURTIS: Tuesday February 18th. Come in and listen to beautiful music.

<u>SPA DAY GIVE AWAY!!</u> Wednesday February 19th. We have lots of toiletries, soaps, perfume to give away while we play trivia games.

SOPHIA'S CIRCLE!

Sophia's Circle is our core team of volunteers who each staff the front desk daily and are responsible for hospitality at the Center. They also help with daily housekeeping. Hospitality is really important at the Center and how our space looks says a lot! It is so nice to have a friendly welcome, and it feels good to be in a beautiful, clean space. We meet monthly to reflect on the work, share ideas, come up with guidelines for Sophia Circle, and provide some training. We also go on field trips together during the year. If you want to commit to being part of this team, and participate in the meetings, speak with Sonia at 207-513-3922.

FOOD RESOURCE GUIDE:

- LEWISTON Calvary United Methodist Church 59 Sabattus St. 207-782-3221 Sundays 8-9am: To-go meal.
- **Hope Haven Gospel Mission** 209 Lincoln St. 207-783-6086 Food Pantry and Clothing Closet: Mon, Wed, Fri: 10:00 11:45am and 12:30-3:00 pm Breakfast for residents: 7:00-8:00am daily Breakfast for community members: 7:30-8:00am daily Dinner: Monday-Saturday 4:30-5:30 pm, Sunday 2:30-3:30 pm
- **Kaydenz Kitchen** 155 Lisbon St. 207-577-7942 Monday, Tuesday, Thursday, Friday from 10am-12:30pm and 1:30-4pm Walk in or Online signup: kaydenzkitchenbooking.as.me/schedule.php Emergency assistance upon request.
- New Beginnings Outreach Program (Youth 14-21 only) 134 College St. 207-795-6831 Basic Needs/Case Management: Mon-Fri 1-6pm Mobile Food Pantry: Call to sign up for delivery on Fridays 10-12pm
- Pathway Vineyard Church 9 Foss Rd. 207-784-9500 Community Meal & Pantry: Fri 10:30-12:20pm
- **The Root Cellar** 89 Birch St. 207-782-3659 Emergency Food Pantry: Mon, Wed, Fri 10am 12pm Lewiston residents, 1 visit/month.
- **St. Mary's Food Pantry** 208 Bates St. 207-513-3841 Tues. & Fri.: 11am 2pm Outdoor market-style pantry.
- **Salvation Army 67 Park St**. 207-783-0801 Food Pantry: Mon, Tue, Thurs, Fri. 9am-1:45pm Meals: Sat 4-5:00pm Mobile meals in Kennedy Park: Temporarily Unavailable
- **Seniors Plus** MOW Lewiston 55-Alfred Plourde Parkway 207-795-4010 www.seniorsplus.org Delivery Mon-Thurs 9:00am -2pm. Norway Progress Center meals: Tuesdays: 3:30-5pm, to-go Thursdays 12:00-1:30, to-go. Lewiston Meadowview meals: Call ahead 1-800-427-1241 Tues. 9-10:30am, frozen to-go
- Trinity Jubilee Center 247 Bates St. 207-782-5700 trinityjubileecenter.org/food-pantry Food Pantry and Diaper Dispersal: Thursday: 7:45-10:30am outside. *Please see website regarding diapers before your visit. Outdoor Meals: Mon-Sat 11-11:30
- Auburn 7th Day Adventist Church Pantry 316 Minot Ave. 207-782-3663 or auburnsdafoodpantry@gmail.com Every Tuesday 9:00-11:30 (pantry staples) Full boxes (includes produce) offered once each month on Tuesday 11:45am-12:30pm. Will deliver if no transportation available. Serving Auburn.